



Whole Child Learning and Wellness



Balancing Package

This is for you if:

You have a child who is struggling in school even though s/he is really smart. Maybe s/he is exhibiting anxiety, inability to focus, or unable to sit down and relax. Maybe reading, math, writing, or retention of the material is really difficult. Maybe s/he has full-on meltdowns and rage episodes that make it hard to go out in public for fear of something setting him off. The teachers don't know what to do and you are exhausted fighting with your child during homework time or just in general when you have other children to tend to. You are willing to think outside the box and try anything, and you know in your heart of hearts that your child could be successful if s/he received the right support.

How We're Going to Get Your Results:

I support struggling school-age children by addressing the physical, emotional, and energetic levels of brain health and development.

I use a variety of forms of **kinesiology**, which are systems that uses muscle testing as a form of biofeedback and acupressure points to identify and dissolve stressors in the body.

To address the **physical** level:

- I help the parents analyze their child's **diet and nutrition** so that the brain can be nourished to perform optimally.
- And I provide the parents with a home-movement program addressing the **sensory stimulation** the child needs so that the brainstem can mature and make connections to other areas of the brain.

I am also able to **find and remove energetic stressors**:

- In the **amygdala and survival areas** of the brain so that your child can resolve challenges rather than react to them, as well as reduce sensitivities.
- In the **auditory and visual pathways** of the brain, so that your child can better process sight and sound as well as see and hear people and circumstances around them.
- In the **hippocampus and association areas** of the brain, so that your child can have better recall and working memory.



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in areas of the brain responsible for **specific learning challenges**, so that your child can learn with ease.

I do this through a series of balancing sessions, averaging between 12-24 hours of work. This can be done in person or remotely through use of a photograph of your child.

In-person clients only can also receive NeuroGen microcurrent neurofeedback sessions in tandem to their kinesiology sessions, or alone.

Comprehensive Package

What's Included:

- (1) 90 minute intake where I go over health history and questionnaires that you fill out
- A Home Movement Program that you will implement at home for 3 months (or as needed)
- 6 or 12 of kinesiology sessions, depending on package (if in person, these sessions are generally 2 hours in length. If I am balancing remotely with a photo, then I may conduct longer sessions). Sessions can be in consecutive days, once a week or however they want to structure it. Ideal is to have some integration time between balances.

****Note**, if client is not present and I am balancing off of a photograph, then I notify client with message at start and end of balance, and send summary of what was uncovered and addressed.

- One Hair Tissue Mineral Analysis (HTMA) is included
- Optional lab testing (additional individual lab fees) used to get a more microscopic picture of what is happening in the body and to create a supplement protocol

How it Works:

Energetic work is based off of the principles of quantum physics. Quite simply, I'm going find and locate the physical, energetic, and emotional roots to your child's learning/behavior struggle and then help your child become balanced. I identify the stressors that are in relation to specific issues your child has and help them go away so they are no longer causing blockages. I will also identify sensory and motor stimulation that can be provided at home to help support the linking up of the brain. With this, I believe your child can experience massive exponential progress over the course of the program. The amount of hours of balancing is estimated to be between 12 and 24 but can vary greatly based on your child's individual needs. These hours can be done as close together as desired (such as 2-4 hours every one or two days) or more spaced out (such as 2 hours every week or even every month).

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Energetic Kinesiology Balance Package In-Person / Local	
Step	Step/Sub-Step
1	Intake
2	Provide a home movement/sensory program that parents will implement with their child for 3 months, or as needed.
3	<p>6 or 12 kinesiology sessions (if they are in person, these sessions are generally 2 hours in length. If I am balancing remotely with a photo, then I may conduct longer sessions). Sessions can be in consecutive days, once a week or however they want to structure it. Ideal is to have some integration time between balances.</p> <p>Once balancing sessions are complete, the parent will still engage in movements with the child for 3 months. Communications via emails or brief calls on a regular basis should be made to determine if any of the movements need to be changed and for accountability purposes.</p> <p>**Note, if client is not present and I am balancing off of a photograph, then I notify client with message at start and end of balance, and send summary of what was uncovered and addressed.</p>
At conclusion	Next Steps (coaching program, individualized follow-up, etc.)
Price	<p>Single Session (2 hour): \$200 Coomprehensive Package (6 sessions) \$1800 Comprehensive Package (12 sessions) \$2800</p> <p>NeuroGen Microcurrent Neurofeedback only: Single Session \$100 Pack of 10: \$900</p> <p><i>Comprehensive Package includes:</i> • Access to online course “Transforming Your Child” which includes a comprehensive look at how to restore optimal function of your child” •One A.R.T. session to determine supplement protocol / foods to avoid •HTMA (Hair Tissue Mineral Analysis) •Welcome Package</p>